

## Patient Information:

# Preparing for Your CT Examination

A Computed Tomography (CT) scan requires specific preparations to ensure the procedure is safe and effective. Please review the following instructions and complete the checklist below.

1. **Remove Metal:** Remove all metallic items such as jewelry, piercings, glasses, watches, hairpins, keys, or belt buckles. Metal can interfere with image quality.
2. **Electronic Devices:** Leave mobile phones, hearing aids, and credit cards outside the CT area.
3. **Medical Conditions:** Notify us in advance if any of the following apply to you:
  - Pregnancy or breastfeeding.
  - Allergies, especially to contrast agents.
  - Conditions such as asthma, heart, kidney, or thyroid problems.
  - Metal implants or previous reactions to contrast agents.
4. **Documents:** Please bring the following documents with you:
  - Your insurance card and referral form.
  - Previous imaging results or medical reports (if available).
  - Kidney function test results (not older than 2 weeks) if a contrast agent is required.
5. **Medications:**
  - Inform us of any regular medications you take, especially for diabetes or thyroid conditions.
  - If you have known allergies to contrast agents, you may be prescribed premedication, which must begin 24 hours before the procedure.
6. **Eating and Drinking:** Depending on the type of scan, you may need to fast before your appointment. Please follow the specific instructions provided to you.
7. **Companion:** If premedication (e.g., sedatives or anti-allergy medication) is administered, you will not be allowed to drive or participate in traffic for 24 hours. Arrange for a companion or transportation in this case.
8. **Punctuality:** Plan for one to two hours at the facility and, unless instructed otherwise, arrive at least 15 minutes before your scheduled appointment.

If you have any further questions, please contact our medical team.